



Sailing Instructions

SOUTHERN CALIFORNIA YACHTING ASSOCIATION

Midwinters Sabot

February 21 – 22, 2009

Hosted by Del Rey Yacht Club

1. Rules: This regatta will be governed by the “rules” as defined in the Racing Rules of Sailing 2009 –2012. No communication is allowed between competitors and coaches/spectators during the period between the 1st warning signal and the last boat to finish in each race.

2. Meetings: Skipper’s meeting will at 1000 hours in the PV room just off the snack bar patio or in the snack bar area.

3. Notice to Competitors: Any notice to competitors of change to the Sailing Instructions will be posted on the Notice Board by 1000 hours on the day they take effect.

4. Safety Regulations: While on the water or dock, ALL competitors shall wear PFD’s.

5. Check In: All boats shall sail (on starboard tack) by the stern of the Race Committee boat and hail their sail number and class before the 1st warning each day.

6. Schedule of Races: The Race Committee will attempt to run as many races as possible on Saturday and Sunday not exceeding a total of 12 races for the regatta. The warning signal for the 1st Race will be on Saturday, February 21, 2009 at 1157hrs. The warning signal for the 1st Race will be on Sunday, February 22, 2009 at 1057hrs, and no races will be started past 1530 on Sunday.

7. Course: Courses will be selected from DRYC “Inside Course Chart” and will be signaled by numeric placard. Marks will be announced at the Skipper’s meeting.

8. Start/Finish: The Start/Finish line will be between an orange flag on the Race Committee boat and an orange flag in the water. The Start/Finish line is restricted only to those boats that are starting or finishing a race. The Class to start will be signaled by either flag A, B, C, D which corresponds to classes A, B, C, and D respectively. Please see Appendix A “Starting Sequence” below. As a courtesy, RC will attempt to hail boats OCS. Absence of hail shall not be grounds for redress.

9. Protests: Protest forms are available at the front desk of DRYC. The Deadline for protests shall be 30 minutes after the last boat finishes the day’s races. If involved in a protest, gather by the DRYC Conference Room with any witnesses one hour after the last boat finishes.




10. Scoring: The Low Point Scoring System will apply. If less than 7 races are completed in the series for a class, *there will be no throw out* for that class. This changes Appendix A (A2).

11. Penalty System: Rule 44.2 is changed so the 720° turn is replaced by a 360° turn.

12. Trophies: Trophies will be presented after the final race on Sunday, Feb 22, 2009 at DRYC

Appendix A – Starting Sequences

The starting system will be in accordance with RRS Appendix Q – Sound Signal Starting System. Flags will be used in addition to the sounds as indicated below.

<i>SIGNAL</i>	<i>FLAG/PLACECARD</i>	<i>MINUTES</i>
Warning	Class A (BLUE), Course-up	3
Two Minute One Minute	 "P" Flag up "P" Flag down (Blue w/ White square)	2 1
Start Warning	Class A (BLUE), Course-down Class B (YELLOW), Course-up	0 3
Two Minute One Minute	 "P" Flag up "P" Flag down (Blue w/ White square)	2 1
Start Warning	Class B (YELLOW), Course-down Class C (RED), Course-up	0 3
Two Minute One Minute	 "P" Flag up "P" Flag down (Blue w/ White square)	2 1

SEQUENCE REPEATS FOR ALL RACES

CLASS RIBBONS

Class Blue = A Fleet
 Class Yellow = B Fleet
 Class Red = C Fleet